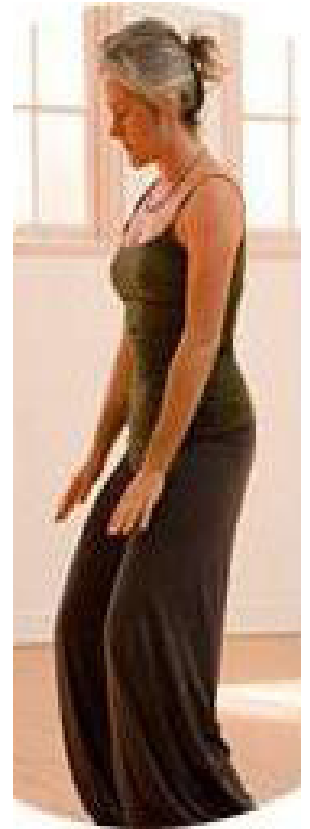




**KEEP
FIT
AND
CARRY
ON**

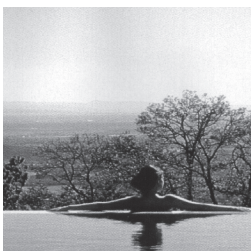


**Classes every Thursday
evening 6.30-7.30
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